

IN THE SPECIFICATION:

Page 1, after title insert subheading

--FIELD OF THE INVENTION--

Page 1, before first paragraph insert subheading

--BACKGROUND OF INVENTION--

Page 1, paragraph 4, amend as follows:

One of the many growth factors found in colostrum is insulin-like growth factor (1) (hereinafter "IGF-1"). In the bovine colostrum, the concentration is more than 20 times greater than in normal milk (Marcotty, C.F. et al (1991); Oda, S.H. et al (1989)). Bovine and human IGF-1 are very similar in composition.

Page 3, before line 1, insert subheading

--SUMMARY OF THE INVENTION--

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Page 17, line 25, delete subheading "FIGURES" and insert subheading

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--BRIEF DESCRIPTION OF THE DRAWINGS--

IN THE CLAIMS:

Please amend the following claims.

Claim 1 (amended) A food composition for changing body composition and/or physical work capacity, said food composition comprising a colostrum fraction